

**BRAIN TUMORS**– Natural Remedies...Below is excerpt Page 48 from the old Budwig Guide (a Free Download may be had on the new at [BudwigCenter.com](http://BudwigCenter.com))...Note: Dr. Johanna Budwig was a German cellular researcher with considerable natural health breakthrough remedies and was a multi-Nobel Prize nominee. She reportedly had a documented 90% cancer success rate with over 2000 patients over a 50 year period with her Diet and Special Health Mix of Cottage Cheese and Flax Seed Oil. Below was her additional Supplement List she utilized where Brain Tumors were involved...

1. COCONUT OIL - Who would have ever thought that a food as simple as the coconut could provide such extremely beneficial health results? Dr Newport has done a tremendous amount of research about the effects of coconut oil on the human body. The central theme of her book is that when we consume coconut oil our body knows what to do with it in very special ways. One of the things it does with part of it is to create a substance called ketones. She explains that it has been known for many, many years that ketones are, in a sense, a backup energy supply to the cells in our bodies. She contends that in the brain, disease can begin and develop when, neurons, other brain cells, and possibly the synapses which connect brain cells, die or slip into a nonfunctional condition due to the lack of fuel. Ketones can enter the cells in our body and provide the fuel the cells need to survive and function. Degeneration and tumors as well as other neurodegenerative diseases could be and have been shown to be helped by the use of this backup fuel system. In fact research has been done to prove that this can happen; moreover there is a case of a woman referenced in the book who had an aggressive stage 4 brain tumor called a glioblastoma who agreed to be part of this type of treatment. Within 3 months her tumor was no longer able to be found on MRI and PET scans. <http://www.nutritionandmetabolism.com/content/7/1/33>
2. ESSENTIAL OILS-Especially Frankincense and Sandalwood are needed.
3. ARTEMISININ-(take as per instructions that come with each order)
4. GINGER- in capsules (3 capsules with each meal – 9 per day)
5. MELATONIN- (3 grams per day at bedtime)
6. AHCC - take 3 grams (1500mg) per day (two pills in the morning, two in the afternoon and two at night) for three weeks and then one gram per day there after (one in the morning and one at night). Take a 6 grams (3000mg) for the first three weeks
7. ASTRAGALUS- (2,000 to 3,000 mgs per day at meal time)
8. SELENIUM-(400 mcg daily) DMSO – Swelling is a common issue with brain tumors and doctors will often prescribe steroids. At the BUDWIG CENTER we can offer homeopathic steroids during hyperthermia therapies with the BioMedic clinic. Also DMSO gently massaged on the back of the neck and affected areas is very helpful in reducing and controlling swelling. This can be done several times a day. Please apply some Aloe Vera gel to your hands and the affected area afterwards to overcome excessive dry skin that is often caused by the DMSO

**Boswellia Serrata...(Frankincense Essential Oil)...**

[http://www.cancersalves.com/botanical\\_approaches/individual\\_herbs/boswellia.html](http://www.cancersalves.com/botanical_approaches/individual_herbs/boswellia.html)

Some years ago, Gabriela Wagener-Ewald, a practitioner in Nuremburg, advised that German doctors and naturopaths were getting excellent results—in ten days or less—

with an Indian herb, *Boswellia serrata*, in the treatment of brain tumors. I have been cautiously passing on this information "for what it is worth," knowing that people with such tumors suffer serious changes in function due to the pressure on the brain, a problem that is usually aggravated by edema. *Boswellia serrata* is a type of frankincense, one of the gifts brought by the Wise Men to celebrate the birth of Jesus. The frankincense used in the West is usually *Boswellia carteri*, a Somalian species whose properties have not been studied nearly as much as one might think given the Biblical references. At the Bioneers Conference (in 2000), a man told me that his father has eight tumors. He wanted to know if there is anything at all that would help his father. He went on to do some internet research and to hire someone to translate some of the German language material. Gabriela's report is evidently well supported by research in Europe.

Prof. Thomas Simmet has researched *Boswellia serrata* on astrocytomas, a tumor noted for its propensity to metastasize. Prof. Simmet's background is in pharmacology, and he suggests that the boswellic acids reduce inflammation. I was familiar with this research because boswellia is used extensively in Ayurveda to reduce the symptoms of arthritis. Prof. Simmet proposes that boswellia inhibits the production of an enzyme that causes the leukotriene production associated with inflammation. In laboratory tests, Prof. Simmet observed that the more malignant the tumor, the more leukotrienes it produces. This seems to perpetuate a cycle of almost unstoppable growth. Working with a neurosurgeon, Michael Winking, 25 patients were administered a dry extract of boswellia for one week. The tumors were then surgically removed. About half the patients had such significant regressions that the tumors had all but disappeared. They used a dosage of 800 mg. three times a day.

At the university hospitals of Bochum and Giessen, patients with gliome tumors were administered somewhat higher dosages of *Boswellia serrata*, 3600 mg. per day. Within only a few days, many symptoms associated with brain tumors, such as headaches and lameness, were greatly lessened. While much of this effect might be more related to the reduction in edema than to the regression of the tumor, swelling and the resultant pressures are serious side effects of malignancy that impact the quality of life. The reports of these trials are preliminary and researchers are unwilling to speculate as to the long-term results and whether or not tumor growth is arrested.

I have long been familiar with *Boswellia carteri* and more recently *Boswellia frereana* came into my life. Both are lovely and can be used to make incense. All the different varieties of frankincense have a wonderful aroma and spiritual quality, but *Boswellia serrata* is more subtle than the frankincense used ceremonially in the West. *Boswellia serrata* is also very aromatic, but the difference is something like jasmine and stephanotis. Jasmine is powerful and grabs attention whereas stephanotis wafts more delicately and lingers elegantly on the senses.

Anecdote: Soon after hearing about *Boswellia serrata* and the research conducted in Germany, I (the author of this article) decided to experiment on a dental abscess that suddenly flared up. I took some capsules; the following day, the inflammation was down to about half what it was before taking the *Boswellia serrata*.

PS from FactorReady.com: FYI: The BudwigCenter.com is now located in Spain. See the renown Budwig Health Mix formula on Page 4 of the new Budwig Guide which you can download at their web site. Also visit FactorReady.com for updated health & emergency tips & resources. We have Dr. David Jockers notes on this special health mix posted under Downloads as the "BudwigHealthMix.pdf" (in the Health Tips folder). It can synergistically add needed anti-cancerous oxygen to body cells and only basically involves the mixing of cottage cheese with flax seed oil at a 2 to 1 ratio. A video on this may be viewed at [budwig-videos.com](http://budwig-videos.com).

Special Brain Tumor Note: A renown alternative cancer clinic is in Houston, Texas since 1977 that is recognized for brain tumor treatments. You can visit their web site at [BurzynskiClinic.com](http://BurzynskiClinic.com) (or call 800-714-7181). You may also wish to research Frankincense Essential Oil for anti-cancer uses such as described in above article. Dr. Josh Axe ([DrAxe.com](http://DrAxe.com)) as example, mentions taking frankincense (*Boswellia*) as a supplement with a few daily essential oil drops placed under your tongue, on the roof of your mouth or in powdered capsule form to help with various health conditions. Important Note: There are several forms of Frankincense Oil. Only a therapeutic pure and organic grade of the *Boswellia Serrate* type of oil should apparently be used, and one that is consumption safe. See the oils such as found at [organixx.com](http://organixx.com) as example, etc. Also see the Bosmeric SR-120 capsule formula at [BetterWayHealth.com](http://BetterWayHealth.com). Note: Most oils are synthetic and are for aroma use only and are not suitable or safe or direct consumption for direct applications. Stay Well, Stay Prepared and Stay Prayed Up!

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