

Review of the Chris Wark Square One Alternative Cancer Protocol & Program..

from and by: FactorReady.com...July 2017...

re: chrisbeatcancer.com

Chris Wark, when at age 26 in 2003, survived stage 3 colon cancer. He had initial surgery to remove the symptom tumor, but declined chemotherapy and radiation and cured his cancer with a healthy diet and various supplements and protocols. His steps and what doses, etc., are well set out in his resulting 10 module "Square One" course, and is available on mp3 digital or video dvds with printed matter at his web site, chrisbeatcancer.com .

The bottom line is, Chris followed multi-anti-cancer regimes, and cannot be sure of exactly what caused his natural healing. However, it is very evident that either one, several and/or all of the nutritional steps he followed were responsible and should receive their single or synergistic credit. Based on his great results, we would have to say "the more you do the better" when it comes to natural solutions. Of course we are all somewhat different, so what works best for one may not work quite as well for others. Plus, there are over 100 different types of cancers to contend with. Nevertheless, cancers usually allow time to try this or that in the natural healing realm. Our study would indicate that appropriate diet and heavy-duty fresh juicing of organic fruits and vegetables is a major key to obtain and retain good health. Carrots are especially helpful where cancer concerned, which Chris faithfully utilized. Note: Course users can also participate on the Square One Facebook page to access the very beneficial world-wide support, communications, discussions and inputs from other members. This feature alone can certainly help to avoid the biblical warning of "My People Perish From Lack Of Knowledge.." (Hosea 4:6). We highly recommend anyone confronting cancer and/or wishing to avoid same to obtain Chris Wark's very informative, helpful and affordable SQ1 material. He is a most respected and sought after speaker and a experienced veteran when it comes to natural nutrition-vs-cancer. We can all sincerely benefit from his wealth of shared health experience and knowledge!

Square One 10 Course Module subjects & contents include...

1: First things first segment, 2: Why you have cancer & cause elimination. 3: Nutrition foundations. 4: More on nutrition. 5: Identifying toxins. 6: Stress issues. 7: Prayer importance. 8: Appropriate Rest. 9: Nutritional supplements. 10: Going forward.

PS: From FactorReady.com : Although normal cancer "standard of care" chemotherapy and radiation can often reduce tumor cells, they do not generally eliminate cancer "stem" cells. These are the dangerous mother cells that create daughter cells, with more aggressive and medical resistant re-generations, growths and spreads that are so common place. Fortunately, there are natural substances and even foods that can render them harmless (see our pdf article, "Stem Cell Killers" under Downloads in the Health Tips folder). With rampant cancer rates now occurring, It would behove us all to take appropriate anti-cancer steps and supplements accordingly (see our Health tab full article at FactorReady.com).

Special Note: A book entitled "Chris Beat Cancer" by Chris Wark is now available, as of October 2018. This is an outstanding Health book in our opinion, and well worth acquiring, even if no particular interest in cancer itself.

Other Books and/or Courses or Web Sites we'd recommend obtaining or visiting include...

ChrisBeatCancer.com, TheTruthAboutCancer.com, CancerTutor.com
Beating-Cancer-Gently.com, organixx.com, BetterWayHealth.com
JayKordich.com, DoctorYourself.com, peakenergy.com

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