Cancer related Skin Issues can include: Actinic Keratosis, Basal Cell Carcinoma, Squamous Cell Carcinoma and Melanoma. If confronted with any these, you should seek a Dermatologist to diagnose which type is present. Then determine what treatment route to utilize. We describe several natural routes you can try for non-Melanoma issues below. The first melanoma signs and symptoms often are but not limited to: A change in an existing mole or the development of a new pigmented or unusual-looking skin growth. You must use appropriate caution when dealing with Melanomas with proper research and professional medical guidance (see our below Melanoma notes within this article)...

**AK:** Actinic (or Solar) Keratosis is the most common precancerous skin lesion condition and is characterized by the presence of rough scaly lesions such as on the face, hands and forearms. It affects up to 58 million Americans and if left untreated AKs can progress into squamous cell carcinomas. Overexposure to the sun can often lead to the appearance of these thick, scaly, or crusty bits of skin, which are dry and rough. At first, they are flat, but with time they grow more. They are generally between 2-6 mm and vary from dark or light tan, pink, red, or may even have the same color as the surrounding skin. A common treatment is using topical creams, and your Dermatologist may prescribe any of the following: ingenol mebutate gel (0.05%), diclofenac sodium gel (3%), imiquimod cream, 5-fluorouracil cream, or salicylic acid ointment. Other potential treatments include cryosurgery (freezing with liquid nitrogen), electrocautery (burning with electricity), or laser treatment. A rather new method is photodynamic therapy – a chemical is injected into the bloodstream in order to make the lesions a lot more sensitive to light.

- 1. Coconut Oil: One natural solution is using virgin coconut oil. applied to your skin daily, for about 1 month. At first the spots will turn red but with time, they will start to disappear. You can also apply it a few times a week after this, in order to keep your skin healthy and to protect it from the sun.
- 2. Apple Cider Vinegar: Another option is using natural apple cider vinegar (such as the Bragg brand). Apply it 2-3 times a day to the skin with the help of a cotton ball. You should also drink 1-2 teaspoons of ACV in a glass of filtered water 2-3 times daily (especially before meals). This external and internal action serves to restore and raise tissue pH to anti-cancerous levels.
- 3.lodine: Another remedy is Iodine (or Tincture of Iodine). As a natural anti-fungal and anti-inflammatory agent, it is effective for various skin conditions. Applied directly to the affected area, up to several times daily, and may require several weeks of use. iodine naturally eradicates infected cells without harming healthy cells. Note: 2% is usual iodine strength but 7% formulas may be found. Applying damp green tea bags to the sites is also suggested by some.
- 4. Creams: Creams which include solasodine glycosides are good for treating AKs. You can also get this active ingredient naturally, by including eggplants in your daily alimentation. A medium size eggplant may be chopped up (or ground up corse with a blender) and placed in a glass jar with a little ACV added to form a paste consistency. Then refrigerated for 3 days. and then applied daily to skin areas affected. Or, use the internet available Curaderm BEC5 cream as advocated in Ty Hardin's "A Global Quest" series (which utilizes an eggplant ingredient). Another cream is Lane Labs SunSpot ES (formerly SkinAnswer). Steps generally involve cleaning area such as with Hibiclens liquid soap, and applying the utilized cream twice daily with a bandaid covering such as the 3M Micropore tape. Treatment can involve up to 4-6 weeks and be aware any spots treated often appear worse before a visual healing occurs.

**SK:** Seborrheic Keratosis is yet another form of Keratosis, but it is fortunately benign. It often appears on the face, neck or trunk and usually is round, oval, flat or slightly raised and may have a "pasted on" look. They are generally black, brown, yellow or tan. If home removal desired for cosmetic reasons, Ag3derm can be employed which uses H2O2 – a natural liquid that when applied will dry out the lesion forming a scab, that will fall off revealing clear skin beneath. One or 2 applications per day for a few days should be enough for the SK to dry out, then leave it to fall off naturally. The hydrogen peroxide can be tricky to apply so it is advisable to use a q-tip soaked in the liquid which you then apply to the area. Also you should be careful not to apply the liquid to the surrounding skin and some petroleum jelly can be used for protection. Or, try just using 100% pure Tea Tree Oil applied direct to the spots 2-3 times daily, instead of the Ag3derm and the peroxide. Just continue briefly with the oil after initial clearing to assure non-return of any spot.

BCC: Basal Cell Carcinoma is the most common form of skin cancer, with approx. one million new cases in America annually. This type of cancer begins in the basal cells – the cells within the skin that generate new skin cells as the old ones die, and is the deepest layer of the epidermis. The condition usually manifests as a waxy bump on your skin; however, it can take other forms. The condition also commonly bleeds repeatedly and scabs over. It often occurs on the head and neck as it is most common on areas that are frequently exposed to the sun. The underlying cause, however, is a mutation in your basal cells, causing them to multiply rapidly and continue growing rather than dying and falling off like normal. Risk factors that contribute to the condition include chronic sun exposure, radiation, fair skin, exposure to arsenic or a regimen of immune-suppressing drugs. Fortunately, BCC is a cancer that can respond relatively well to natural remedies. Treatment options such as apple cider vinegar, hydrogen peroxide, and baking soda help eradicate the cancerous cells while options such as vitamin E and vitamin C help to heal the damaged skin.

- 1. Apple cider vinegar is nutrient rich, containing potassium and a variety of beneficial enzymes. These nutrients help your body regenerate soft tissue. Use a natural brand such as Bragg. ACV also aids in alkalizing the body, so your system is capable of naturally fighting cancer. You can effectively implement this treatment as both a topical application and oral supplement. Swab the affected area with ACV 2-3 times daily, or for more intensive treatment, soak a cotton pad with ACV and leave it on the affected area until dry. In addition to this, drink a tonic of 1-2 teaspoons of natural ACV diluted in 8 ounces of filtered water 1-3 times daily.
- 2. Hydrogen Peroxide can be used to treat cancer via oxygenation. Peroxide naturally breaks down into its component parts one being oxygen. This additional oxygen creates an environment unsuitable for the cancer cells, so the cells naturally die off. To apply this treatment, soak a cotton swab in hydrogen peroxide and rub the cancerous growth with it until the area is saturated and turns white. (It will sting.) After this application, place a hydrogen peroxide soaked cotton pad over the area and allow it to dry. Apply this treatment at least once a day.
- 3. Baking Soda treats cancer by alkalizing your body. This change in pH helps reverse the growth of cancerous cells and heals your body. To implement this treatment, mix baking soda with either water or coconut oil to form a paste. Apply the paste to the affected area and allow it to dry. Complete this treatment at least 1-3 times daily.
- 4. Creams such as Curaderm BEC5 and SunSpot ES. See above Creams under the AK section.

Note: In addition to eliminating cancer cells, you will also need to support new cell growth. You can do this using vitamin E or C and aloe.

**SCC:** Squamous Cell Carcinoma is the second most common form of skin cancer, with over 200,000 new cases in America annually. It manifests as a thin, flat squamous cell that makes up the outer layer of the skin. While typically not life-threatening, if left untreated, the cancer can spread to various parts of the body and cause more serious complications. This cancer typically occurs on the scalp, back of the hands, arms, ears and other sun-exposed areas. Symptoms of the condition include a firm red nodule, a flat sore with a scaly crust, a new sore from an old scar, a red patch inside the mouth or a raised wart-like sore on the anus or in the genitals. SCCs look like inflamed (pinkish or reddish) scaly growths that feel sore or tender. Natural treatment options can prevent any spread and treat the condition before that occurs. Cesium Chloride, Apple Cider Vinegar and Iodine are three such remedies.

- 1. Cesium chloride is a unique compound lauded for its involvement in the cancer breakthrough. This compound, obtained from the reaction of cesium hydroxide and hydrochloric acid, is considered a salt that is effective at oxygenating the body and starving the cancer cells. Cesium chloride creates an environment in the body in which cancer cannot survive, thus eliminating it. PS from Factor Ready (disclaimer): More information on cancer-vs-cesium chloride may be found at the following web site: <a href="http://alternativecancer.us/cesiumchloride.htm">http://alternativecancer.us/cesiumchloride.htm</a>. Note: We are not familiar with this substance, or the history and safety thereof, and would personally tend to lean toward the following two more recognized home remedies...
- 2. Iodine (or Tincture of Iodine) functions in much the same way as cesium chloride. This compound attacks the diseased cells and destroys them without harming the healthy cells. Iodine also eliminates infection and other toxins that may be harming the body. See Iodine application suggestions in this article under the AK section above.
- 3. Apple cider vinegar also functions to disrupt cancer's necessary environment. While apple cider vinegar is acidic, it works to alkalize the body, a state in which cancer cannot survive. Natural Apple cider vinegar (such as the Bragg brand) also delivers a number of important vitamins and minerals to the body to support overall health and immune function. See application and dose suggestions in this article under the BCC section above.
- 4. Creams such as Curaderm BEC5 and SunSpot ES. See above Creams under the AK section for further details.

**MELANOMAS:** Melanoma is the most serious form of skin cancer. However, if it is recognized and treated early, it is nearly 100 percent curable. But if it is not, the cancer can advance and spread to other parts of the body, where it becomes hard to treat and can be fatal. It develops at the site of melanin production. The melanocytes produce this natural component and give the skin its color, so melanoma is commonly located on skin exposed to sun. Rarely, melanoma forms in the eyes or in the internal organs including the intestines. While the exact cause of melanoma is frequently unclear, exposure to ultraviolet radiation increases an individual's risk of the disease. The most common initial symptoms of melanoma include a change in an existing mole or the development of a new pigmented or abnormal-looking growth on the skin.

Alternative Treatment for Melanoma. While the best treatment for melanoma is dependent on the stage of the cancer as well as the individual's overall health, alternative methods may offer helpful natural treatment options. Eggplant, bloodroot and essiac tea as listed below can deliver natural components to help treat and help eliminate the affected skin cells. Also, see the specific Substances That Fight Melanoma pdf article from Green Med Info under our Downloads tab or see: http://www.greenmedinfo.com/blog/natural-substances-fight-malignant-melanoma...(It lists dandelions, coffee, ashwagandha, mistletoe, broccoli sprouts, vitamin C, polyphonous and sun exposure as all helpful toward Melanomas.). Note: We would especially seek the services of a skilled Dermatologist such as trained in the Mohs microscopic removal methods, and a second opinion as to treatments from an Oncologist level as well, when dealing with Melanomas.

- 1. Eggplant contains powerful phytonutrients that treat the affected cells involved in melanoma. The glycocides and glycoalkaloids contained in the eggplant penetrate and destroy cancer cells without harming healthy cells. Eggplant can be applied to the cells directly or macerated and mixed with vinegar for more effective treatment. See our comments above under AK Creams.
- 2. Bloodroot is a natural compound derived from the flowering perennial plant native to North America. The root contains a special chemical sanguinarine. This compound causes apoptosis and kills the cancer cells while maintaining the health of normal cells.
- 3. Essiac tea is a mixture of herbs including burdock root, slippery elm bark, sheep sorrel and Indian rhubarb root. The tea made of the compound is show to strengthen the immune system, relieve pain and reduce tumor size. Additionally, Eessiac promotes cell repair and relieves inflammation.

Additional Natural Input For General Skin Cancers: various excerpts follow...

A Natural Skin Cancer Cure-Iodine (lifeenergysolutions.com/blog/skin-cancer-cure/)
The research of Dr Tullio Simoncini (oncologist) in Rome shows that skin cancers epithileomas.

basaliomas, and melanomas are caused by Candida fungus. Epithileomas, basaliomas, and melanomas cancers have all been successfully treated with an iodine solution of 7%. This destroys the proteins in the fungus completely and works very quickly. If the lesions are fairly small, they must be painted with the solution 10-20-30 times twice a day for five days and then once for another ten days so that they become very dark. When a scab (a skin crust) forms, it is necessary to continue to paint the iodine under and above it, even if at first this causes a sharp pain. This needs to be repeated when the second scab forms. At this point, the lesion may be considered destroyed, because after the third cycle it is possible to reach the center of the neoplasia, which is the last strong hold of the colonies. When a tumour is large it is necessary to perform a cycle of infiltrations below the skin with sodium bicarbonate at five per cent solution. This liberates the tissue from the possible invasion of the deep planes and of the basal lamina before performing the treatment with iodine solution. If this is not done, we risk the fungus, once destroyed at a superficial level, defending itself by trespassing into those levels where a conclusive action of the iodine solution is impossible. It is appropriate to highlight that the same type of therapy is also to be applied to psoriasis and to the known fungi afflictions. In fact, the difference between cutaneous mycosis, psoriasis, and tumours consists only of a variation of aggressiveness and thus of depth of rooting, since the causal agent is always the same: a fungus. Sometimes other corrosive salts can be used as a function of the location in the body for the therapy. What is certain is that dermal ointments and lotions are only rarely effective. Dr T Simoncini (oncologist) Rome

Prevent skin cancers...

Homemade cream for skin cancer developed by Dr Gordon Telford. It reduces the incidence of actinic keratosis which precede squamous cell and basal cell carcinomas.

How to make;

Put 2 ounces of skin cream in a sterile container.

Add 14 grams (one rounded tablespoon) of vitamin C powder.

Add 4,000 IU of vitamin E

Add 60,000 IU of vitamin A (use vitamin A only not beta carotene)

Add And 1.5 grams of zinc sulphate.

Mix thoroughly. This recipe is from Dr. David Williams alternatives (November 2005)

Topical Vitamin C Stops Basal Cell Carcinoma...(doctoryourself.com)

(OMNS Nov 9 2007) The most common form of skin cancer, basal cell carcinoma, often responds to a remarkably simple, safe, at-home treatment: vitamin C. Physicians and patients report that vitamin C, applied directly to basal cell skin cancers, causes them to scab over and drop off. Successful use involves a highly-concentrated vitamin C solution, directly applied to the blemish two or three times a day. Vitamin C is selectively toxic to cancer cells, but does not harm healthy skin cells. This is also the basis for high-dose intravenous vitamin therapy for cancer. Even higher concentrations of vitamin C can be obtained by direct application. The use of topical vitamin C to kill basal cell carcinoma has been known at least since 1971. Frederick R. Klenner, MD, wrote: "We have removed several small basal cell epithelioma with a 30 percent ointment" of vitamin C. One person, who reported that a 2mm diameter spot on the nose would not heal for months, had it disappear within a week with twice-daily concentrated vitamin C applications. Another patient reported that after dermatologist-diagnosed multiple spots of basal cell carcinoma were coated with vitamin C, the spots fell off within two weeks. Note from Factor Ready: Visit: https://www.cancertutor.com/vitaminc/ for an informative article on Vitamin C-vs-Skin Cancer. They recommend a mineral form only be utilized, such as mineral ascorbate, with suggested solution made by adding 1/8 tsp (teaspoon) of pure Vitamin C crystals to 1 tsp of water (a ratio of 1:8). Then apply the mixture (using a cotton swab or Q-Tip) to the tumor 2 or 3 times a day (for up to 2 weeks or more for scab dislodge). Recommended product is found at : http://www.lifeextension.com/vitamins-supplements/Item00084/Buffered-Vitamin-C-Powder? affref=4872.

PS from Factor Ready: Any home remedies may require 4-6 weeks or longer for desired results to be obtained, so be patient, and be aware areas treated may appear worse before healing appearances occur, as well as present some itching issues. Essential Oils such as Thyme, Rosemary, Oregano, Chamomile and Frankincense all have anti-cancerous qualities per TheAlternativeDaily.com. Various web sites post successful use of Frankincense, with some BCC and SCC issues. One example of a hand located issue sited Frankincense Oil (3 drops mixed 1 to 1 ratio with olive oil applied 3 times daily). There are 3 types of Frankincense, but Serrate appears as most suggested form, and with bosweilla acid intact if available, rather than distilled out. It also involved some soaking in alkaline water, consisting of 1/2 tsp baking soda and water, to raise issue pH, plus drinking of alkaline water (1/2 tsp baking soda and juice of one lemon in 2 cups of water). Caution: Many Essential oils are synthetic and made primarily for aroma use, and are not safe for consumption or direct topical applications. Latter uses would call for 100% pure oil, organic and therapeutic grade, such as offered by organixx.com and DrAxe.com. These type oils are potent and would usually require a carrier oil for dilution purposes. Typical dosage would involve 1-2 drops in 1 tsp of carrier oil (such as coconut oil) for topical use, or in 4 oz. of water for internal consumption, or 1-2 drops under tongue. See instructions supplied with such products for actual directions. Another interesting remedy we

found involved melatonin by cutting a melatonin capsule in half and emptying the powder contents into a small container. Then adding a small amount of melted into liquid coconut oil as a carrier. This combination was stirred and applied to skin spots a couple of times daily. As for iodine usage (as mentioned above) 2% is normal strength found at most suppliers, however a 7% formula is available from some (see amazon as example). Note: a good quality organic shea butter skin cream can often restore and maintain healthy skin once any type of treatments completed. Also see our Health related article under the Health tab at our web site, <a href="FactorReady.com">FactorReady.com</a> as well as various pdf articles under Downloads tab in the Health Tips folders, and check back often for updates. One example is the "Curing Cancer With Carrots" article, in which author Ann Cameron sites a gentleman (Ralph Cole) resolving his SCC serious issues with consuming freshly juiced carrots (Go Figure!). Stay Well, Stay Prepared and Stay Prayed Up!

Disclaimer: Please use Home Remedies after Proper Research and Guidance. You accept that you are following any suggestions at your own risk and will promptly consult with your healthcare professional accordingly. We strongly recommend utilizing a Dermatologist for initial diagnosis of any suspicious spots. As example, Melanoma is particularly dangerous and normally requires professional treatments.